



**In-Person, Safe, and Active  
Preferred Plan for Spring 2022  
Phase I Status  
December 3, 2021**

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## Introduction

LCC wants to assure students, faculty, staff, and community our continued goal is to be in-person, safe, and active for spring 2022. Our key focus this year is to safely move into the “next normal” stage of the pandemic. However, we will all have to remain flexible and adaptable as the status of our region may change, requiring us to quickly shift to alternative plans. Student and employee safety is our highest priority and our preferred plan (and any future updates) reflects that priority.

We look forward to welcoming students back to Lamar Community College when we start our move-in for Residence Hall students on August 5 and start spring semester classes on January 17. As we continue to monitor current conditions and plan for the safety and wellbeing of students, employees, and our communities, this document contains details about our preferred plan for an ***In-Person, Safe, and Active – Spring 2022***. We know these plans can change and we encourage you to continue to work with us as we adapt and adjust in order to ensure the best learning, living, and working environment possible. Your cooperation and understanding will help us maintain our goals of having students safely attending in person classes, living in Residence Halls, and participating in activities and events on and off campus. If each student and employee follows these guidelines and LCC is able to operate as planned, we will better serve students and maintain appropriate staffing levels for doing so.

Guiding our decisions were the following goals:

1. Reach a student/faculty/staff vaccine rate of at least 70%.
2. Help individuals who are able to be vaccinated easily access vaccines.
3. Adopt and implement a comprehensive suite of health and safety protocols for the campus consistent with Center for Disease Control (CDC), Colorado Department of Public Health & Environment (CDPHE), Colorado Department of Higher Education (CDHE), Colorado Community College System (CCCS), and Prowers County Public Health & Environment (PCPHE) guidelines on pandemic safety.
4. Ensure LCC actions and activities prioritize the safety of students, employees, and our communities.
5. Implement requirements and recommendations that protect continuity of LCC operations so the college may sustain in-person learning and living plans and not have to pivot to remote.
6. Expand the ways in which courses can be delivered using combinations of on-campus, online, remote and hybrid instruction, and plan for the continued use of these new flexible formats as needed to maintain safety.
7. Plan for the safe utilization of campus housing and develop dining options that allow for appropriate safety.
8. Plan for a full athletic season using guidelines consistent with National Junior College Athletic Association (NJCAA), NIRA, CDPHE, CDHE, and CCCS guidelines
9. Plan for the reopening of public venues based on capacity restrictions and public health guidelines in place at the time
10. Develop cleaning protocols that follow appropriate guidelines and leverage employee and student participation in keeping spaces clean and safe.

## Resources

**CDC** - <https://www.cdc.gov/coronavirus/2019-ncov/community/colleges-universities/index.html>

**CDPHE** - <https://covid19.colorado.gov/>

**CDHE** - <https://cdhe.colorado.gov/>

**NJCAA** - <https://www.njcaa.org/COVID19>

**Travel Risk Map** - <https://globalepidemics.org/key-metrics-for-covid-suppression/>

## QUICK Guidance

1. **Face Coverings** – LCC will follow current Center for Disease Control (CDC) guidance and any additional requirements from the State of Colorado and/or Prowers County Health and Environment. As of 11/12/2021, LCC was requiring masks indoors for all employees, students, and guests. Should that status change updates will be communicated via social media and the LCC COVID-19 web page.
2. **Social Distancing** – LCC will follow current Center for Disease Control (CDC) and any additional requirements from the State of Colorado and/or Prowers County Health and Environment. Indoor groups of with less than 70% vaccine rate will need to follow six-foot social distancing as much as possible.
3. **Capacity** – LCC will follow current Center for Disease Control (CDC) guidance and any additional requirements from the State of Colorado and/or Prowers County Health and Environment.
4. **Mandatory Vaccines** – All Residence Hall students and student-athletes are required to be vaccinated. Students with medical, religious, or personal reasons may complete a vaccine waiver. Please see Fall 2021 tab at <https://lamarcc.edu/coronavirus-information/> for detailed requirements and forms. Unvaccinated students will be required to complete a free weekly COVID test and will receive instructions about when/where at the beginning of the semester.
5. **Mandatory Testing Prior to Return for Students** – All new and returning Residence Hall students and student-athletes will be required to provide evidence of a negative PCR or molecular COVID-19 test OR test upon arrival to campus. Students who test positive will need to coordinate an isolation period, and/or a later return with the COVID-19 Coordinator, Chad DeBono, and their coach/instructors. **SEE Appendix B Mandatory Testing Prior to Return for Students**
6. **Weekly Student and Employee Testing** – LCC is in Phase I of its testing/vaccine protocol, which requires ALL unvaccinated Residence Hall students and student-athletes to have a free weekly COVID-19 test. Other students and employees may also opt-in to the weekly testing protocol. Anyone with a positive test will be contacted by Prowers County Public Health & Environment (PCPHE) for further instructions. LCC will coordinate isolation and quarantine protocols with PCPHE for all persons in contact with the individual. Please do not skip testing. Please note, should case counts at LCC increase the college will move into a Phase II or Phase III testing protocol, which will require additional groups to do weekly testing. Our goal is to keep on-campus cases low and to remain in Phase I.

7. **Travel Guidance** – LCC will follow current Center for Disease Control (CDC) guidance and any additional requirements from the State of Colorado and/or Prowers County Health and Environment.
8. **Daily Reporting** – all individuals (employees, students, and visitors) will be required to do a temperature and symptom check each day on campus. LCC will be using #CampusClear, which can be downloaded as an app or accessed via web at <https://web.ivy.ai/app/campusclear>. Individuals (vaccinated or unvaccinated) who have symptoms or who may have had close exposure to someone with COVID-19 are advised to call their healthcare provider for guidance and to notify their supervisor (if employee) or faculty member (if student) and Human Resources. Students with LCC health insurance should contact High Plains Community Health Center (HPCHC) and other students should contact their own healthcare provider. Students are also asked to notify the LCC COVID-19 Coordinator, Chad DeBono. **SEE Appendix A for Current #CampusClear Protocol.**
9. **Gatherings** – LCC will follow current Center for Disease Control (CDC) guidance and any additional requirements from the State of Colorado and/or Prowers County Health and Environment. Outdoor gatherings are safer. For indoor gatherings, all individuals are expected to follow the mask guidance in place at the time.
10. **Remote Work** – LCC is planning for all employees to be working on-campus this spring. Some employees may have approved flex schedules with some remote work days/hours, but will be available via technology. Please check with the department for current status. Should the college need to pivot to remote work and teaching during the semester, employees and students will be notified via email and AppArmor. If we can follow safety protocols, including vaccines, testing, and face covering this will be less likely. We know we are all tired of the pandemic, but it is not yet gone. Please help us protect each other so we can remain in-person.
11. **Employees in Quarantine or Isolation or Affected by Family Member**  
**Quarantine/Illness** – If an employee is in quarantine or isolation or has a family member quarantined or ill and needs to be at home with them, they should work with HR Director Shelly Tombleson and their supervisor to determine options.
12. **Students in Quarantine or Isolation or Affected by Family Member**  
**Quarantine/Illness** – If student is in quarantine or isolation or has a family member quarantined or ill and needs to be at home with them, they should work directly with their instructors to determine options so they can keep up with classes. Additional concerns can be addressed with the Dean of Academic Services, Dr. Annessa Stagner Stulp.
13. **Cleaning** – LCC will follow current Center for Disease Control (CDC) guidance and any additional requirements from the State of Colorado and/or Prowers County Health and Environment.
14. **Personal Accountability** – Because we want to keep LCC in-person and active as well as keeping ourselves and others safe, we expect each employee, student, and visitor to follow all guidelines and standards in place at the time and will use student or employee policies to deal with infractions.

## Residence Life

LCC plans to house students in Todd Burch Hall and Prowers House. The residence hall and cafeteria will open at 10:00 a.m. on January 13<sup>th</sup>. Active members of Men's and Women's Basketball will be permitted to move in on Monday, January 3<sup>rd</sup>. Upon move-in, all residents who are not vaccinated will be required to test with High Plains Community Health Center (HPCHC), social distance, and wear appropriate face coverings until testing is complete.

1. LCC plans to house 175-185 students for the spring semester, with no more than 2 students per room in Todd Burch Hall. The college is leaving rooms in Prowers House vacant for isolation or quarantine purposes and will use rooms in Todd Burch as needed for the same.
2. With common bathrooms on 5 wings of Todd Burch, enhanced cleaning protocols and schedules will be developed and communicated clearly. Students will also be advised to clean high-touch surfaces prior to use. Students in Prowers House will maintain their own bathrooms.
3. All students in housing will be required to have a negative PCR or molecular COVID-19 test prior to move-in OR test at LCC immediately following move-in.
4. It is recommended only one (1) parent will be able to assist with move in. If the student has additional parent(s)/family members/friends, they will be asked to remain outside during the move.
5. Check-in dates and times will be established for all athletic teams and other resident students. Current planned schedule:

Monday, January 3<sup>rd</sup>

Men's and Women's Basketball 9:00 a.m. – 4:00 p.m.

Thursday, January 13<sup>th</sup> and Friday, January 14<sup>th</sup>

All other students 9:00 a.m. – 4:00 p.m.

- o No unvaccinated visitors (on or off-campus) will be permitted in student rooms.
  - o No large gatherings, unless outdoors and socially distanced.
  - o Off-campus social gatherings not pre-approved by Coordinator of Residence Life or coaches are strongly discouraged and Residence Hall students may be disciplined for doing so.
8. Students are advised to only bring essential items only during the check-in process. Due to the unknown and variability of the newer COVID-19 variants and ever-evolving guidance to higher education, this will make it easier for students if LCC is required to shift to remote learning and/or end the term early. Excess décor, supplemental furniture, appliances, and non-essential items are not recommended.
  9. Hand sanitizers are located at the main entrance, at the lobby bathrooms, and in each wing.
  10. LCC will follow enhanced cleaning in all common areas and high-touch surfaces, consistent with enhanced cleaning practices of other non-residential areas such as academic buildings. Custodial workers should be provided appropriate PPE and training consistent with their duties. See CDC guidelines for cleaning and disinfecting facilities (available at <https://www.cdc.gov/coronavirus/2019ncov/community/reopen-guidance.html>).
- o All Bathrooms
  - o Doorknobs/Railings
  - o Keyboards in Computer Lab
  - o Lobby Furniture

11. LCC will provide reminders of proper hand hygiene (verbally, posters, videos) with hand sanitizer widely available in common areas. Signage on social distancing and face covering requirements will be posted depending on the requirements.
12. LCC will widely share/post information in common areas about COVID-19 prevention. Posted information will be updated as appropriate or with significant changes.
13. Residence Hall students who are unwilling to comply with safety expectations, such as face covering, social distancing, no gathering, symptom checking with *#CampusClear*, etc. will be in violation of the LCC Student Code of Conduct and will be disciplined accordingly, up to and including eviction.
14. Events and social activities will adhere to all capacity limits, physical distancing, and safety guidance in place at the time. LCC will reconfigure seating in common areas to ensure proper physical distancing and establish allowable occupancy and train Coordinator, Janitors, and Resident Assistants to monitor and enforce.
15. Occupancy of public areas will follow all capacity guidance in place at the time and may be limited. Students using equipment will be provided disinfectant prior to use.
16. Students feeling sick will be instructed to stay in their room and self-isolate. Students should contact housing staff by phone or text to discuss symptoms. Depending on symptoms and needs, housing staff will identify next steps and or medical support options. Coordinator of Residence/Student Life will work with local health provider and Director of Prowers County Public Health & Environment to determine if student needs to be isolated in one of the designated isolation/quarantine rooms and/or transported to a medical facility
17. If a resident student contracts or is exposed to COVID-19, LCC will work with the local health provider and the Director of Prowers County Public Health & Environment to determine if the student needs to be isolated/quarantined on or off campus. For students who have been exposed, have symptoms, or have tested positive for COVID-19, the LCC COVID-19 Coordinator will work with the Director of Prowers County Public Health & Environment for additional guidance and to determine what additional resources are available.
18. Students with medical conditions and/or are at high-risk should take personal assessment of the risks of COVID and Residence Hall living and discuss remote and/or online course options and alternatives with their advisor. If able to be vaccinated, it's strongly recommended these students do so prior to move-in.

## Dining Services

All students residing on campus are required to purchase a meal plan and the following will help ensure their safety.

The Lamar Community College: Return to Campus Dining Services Plan has been developed in partnership with Sodexo Food Services, LCC's contract provider.

1. Outside guests will be prohibited. Faculty and staff of the college may dine based on space availability, utilizing all safety guidelines in place at the time.
2. Tables and chairs will be cleaned and sanitized before each meal plan period and after each meal plan period. All service-wares will be cleaned and sanitized between uses.
3. Diners will be served by staff with limited contact between the diner, service staff members and all contact surfaces in serving areas.
4. Grab n' Go options will only be available for those students who submit a detailed request providing the reason and justification for this service. The request must be submitted to the Coordinator of Residence/Student Life and will be reviewed by the Vice President for Administrative Services.
5. Plexiglas barriers will be in place for door-cashier. Stand sneeze-guards will be in place at all food stations. Point-of-sale station will be equipped with contactless payment method.

## Athletics

LCC's goal is to ensure a complete season for each sport. The following guidance will change and adapt depending on conditions at the time. The best way to "**protect the athlete, protect the team, protect the season**" is to be vaccinated. If all teams can achieve at least a 70% vaccination rate, their season will be fairly normal. However with the widespread Delta variant and newly identified Omicron variant, LCC is taking additional steps to keep students and employees safe.

Because athletics presents a high risk of transmission in athletic settings due to frequent physical contact, potential for aerosolization during exercise, the use of items that can carry infection (shared towels, water bottles, athletic equipment, balls, etc.), and the potential physical effects of over-training and dehydration on disease resistance LCC will align all safety practices with CDC, CDPHE, CDHE, CCCS, PCPHE, and NJCAA/NIRA, guidelines in place at the time. Additionally, LCC has a partnership with High Plains Community Health Center (HPCHC), which has a site in the LCC Wellness Center, which is student-athletes may use for services.

LCC's Return-To-Play Policy is based on ensuring at least 70% of a team is vaccinated and bringing student-athletes back to campus and forming team "family units"/cohorts. When student-athletes are in their family unit they will function together while still following basic safety protocol in place at the time (e.g., hand washing, self-screening, mask wearing and social distancing when applicable), but they will not be wearing face coverings or social distancing when practicing or competing within the team's "family unit". Outside of that unit they will follow all additional campus protocol and guidance in place at the time. If overall vaccine rates are

70% or higher, some protocols listed below will be relaxed or removed. Once LCC determines vaccine rate, this section may be updated.

1. Students will be required to quarantine until they provide evidence of a negative PCR or molecular COVID-19 test OR get the results of their test with High Plains Community Health Center (HPCHC).
2. Student-athletes will be required to test prior to OR upon arrival to campus and will be required to perform weekly tests at LCC.
3. Men's & Women's Basketball will be permitted to return on Monday, January 3<sup>rd</sup>. All other athletes will be able to return on Thursday, January 13<sup>th</sup> or Friday, January 14<sup>th</sup>.
4. Coaches will be responsible for monitoring the overall health of their student-athletes. Student-athletes will be required to complete symptom/temperature via the #CampusClear app or website <https://web.ivy.ai/app/campusclear> once per day and report any changes in health prior to games and travel. Before every practice, study hall, conditioning activity, or organized event, coaches will be required to have each student-athlete provide evidence of #CampusClear pass and verbally affirm nothing has changed that day.
5. If a coach or student-athlete shows symptoms they will be isolated away from the team until tested or cleared by a doctor. If the student is a resident of the dorms, he/she will follow the isolation/quarantine procedure described previously.
6. It is each coach's responsibility to monitor student-athlete compliance with safety guidelines, including #CampusClear. The Coach and Athletic Director will work collaboratively with the COVID-19 Coordinator, Coordinator of Residence Life and PCPHE and HPCHC to ensure that appropriate monitoring, support, and follow-up are being done properly for student-athletes with symptoms, in quarantine, or isolation
7. All students/coaches/staff will receive guidance in regards to hygiene, social expectations, and a safe return to physical activity practices. Signs will be posted outlining COVID-19 symptoms and messaging of the importance of health.
8. Hand sanitizer stations are located in LCC Wellness Center and weight room.
9. Face coverings, social distancing, and approved occupancy per capacity limits in place at the time will be adhered to in all other areas used by student-athletes. This includes Residence Halls, Indoor Hitting Cages, Study Halls, and other areas used by team members.
10. Prior to use, weight room/cardio room equipment will be cleaned by user, with additional cleaning and sanitizing being done by Residence Life Work-study.
11. Until at least 70% of all Residence Hall Students are vaccinated, LCC will post the maximum number of participants for weight room. Additionally, there will be no open time in this room until a safe vaccination rate is achieved. Until then, Coaches will need to schedule times.
12. Maximum number of participants will be established for indoor hitting area.
13. Locker rooms will be used by one team cohort at a time with cleaning protocol between cohorts. Showers will be closed.
14. Athletic venues and media sites will have COVID-19 safety protocol signage.
15. All spectators at home games must follow the mask, social distancing, and/or other safety requirements in place at the time. Most events will be livestreamed.

16. Following NJCAA rules, if spectators are allowed, they may not come into contact with student-athletes and must wear face coverings during the contest. They may only come into contact with the student-athlete after towel off, hand sanitizing, and student-athlete putting on a face covering.
17. LCC is relying on visiting teams to follow protocols for testing, symptom checking, and restricting travel for any students vaccinated or unvaccinated that have symptoms. Locker rooms are cleaned before and after usage. Hand sanitizers are located in LCC Wellness Center. Showers will be closed.
18. Game-day rules originally required the Region 9 Student-Athlete Travel Roster for COVID-19 Screening. Weekly COVID-19 testing is completed for all unvaccinated student athletes. Coaches rely on weekly testing and *#CampusClear* for symptoms check for **all** athletes. Any student, vaccinated or unvaccinated, with symptoms is not permitted to travel Bus/van will be thoroughly cleaned prior to departure and upon return.
19. Route to destination will be planned to minimize stops. Student-athletes, coaches and any accompanying volunteers will use face coverings at all times when off the bus during transit, and will limit stops to eat and use facilities, and utilize take-out dining. They will use Hand sanitizer upon return to the bus.
20. Coaches will monitor all travelers throughout the trip, following daily self-screening protocol and temperature-taking. If symptoms are reported by any member, all members will wear face coverings and social distance as bus allows. Athletic Director will be apprised of all travel occurrences and maintain all records.

## LCC Fitness Center

The LCC Fitness Center is located in the LCC Wellness Center. The Fitness Center consists of one Main Room, one Aerobic/Free Weight Room, and one indoor track. Bathrooms and locker rooms are provided for members.

LCC Fitness Center will follow all guidelines and capacity limits provided by the Colorado Department of Public Health & Environment. Additional Information is available at <https://covid19.colorado.gov/safer-at-home/recreation> for indoor gyms, indoor fitness classes, recreation centers, bowling alleys, pools, indoor sports facilities including:

At this time, the LCC Fitness Center can operate at 100% capacity. We expect members to still utilize safety precautions when utilizing the facility.

1. Participants should continue to physically distance if possible.
2. Employees will follow the LCC mask requirements in place at the time and participants will be highly encouraged, but not required, to do the same.
3. Participants will follow LCC mask requirements in place at the time.
4. Encourage participants to stay home if sick or exhibiting COVID-19 symptoms.
5. Consider screening participants for fever, symptoms, or exposures before or at their arrival.
6. Encourage participants who have been in close contact with a person suspected or confirmed to have COVID-19 (generally within 6 feet for at least 10 minutes, depending on the level of exposure) to stay home and self-quarantine, unless they have been fully vaccinated.
7. Bring hand sanitizer to clean hands when soap and water is not available.

## APPENDIX A - #CampusClear Protocol for People Reporting Symptoms

All employees, students, and visitors will be guided by the “In-Person, Safe, and Active” preferred plan, which includes the requirement for all individuals to use #CampusClear each day, both on and off-campus. The following procedures guide the protocol to be followed when an individual reports symptoms or exposure. Students and employees who have symptoms of COVID-19 and are interested in testing, can now call Prowers County Department of Public Health & Environment directly at 719-336-872.

### Employees

Employees logging symptoms will be flagged for review and should plan to:

- 1) Stay home (or go home) and contact their supervisor to notify them of symptoms.
- 2) Contact HR to determine next steps. (Supervisor may contact HR as well).
- 3) If the report is for symptoms, the employee is advised to contact his/her healthcare provider to determine next steps. The employee is asked to notify HR and his/her supervisor if they are required to isolate or quarantine.
- 4) If an employee is instructed to quarantine or isolate, the employee may be able to work remotely if feasible. If the employee is not in a job where it's possible to work remotely OR if the employee is too ill to work remotely, the first 40 hours of leave are covered (if that leave has not already been expended during prior events). If there is no remaining COVID-19 leave, the employee may use sick-leave or personal leave. If the employee has no remaining leave, she/he will be on unpaid leave until it's determined the employee can safely return to campus.

### Students

Students attending the main campus and logging symptoms will be contacted as follows:

- 1) If the student lives on-campus (in the halls or pod) she/he will be contacted by Residence Life Coordinator, AJ Arredando, who will coordinate with LCC's COVID-19 Coordinator, Chad DeBono to determine next steps.
- 2) If the student lives off-campus she/he will be contacted by LopesCares staff (Shelly Tombleson or Susan Frankel) to determine next steps.
- 3) The goal for each category of student is to coordinate so the student remains in a safe location in the dorms or at home until it's determined they can safely return to classes.
- 4) In all cases, the Dean of Academics, Dr. Annessa Stagner Stulp will be contacted to coordinate communication and remote learning options for students who are required to quarantine or isolate. If the student is an athlete, the Athletic Director, Scott Crampton will also be notified so he can coordinate appropriate precautions with the coach and student.
- 5) **NOTE:** Students should also communicate directly with their instructor/coach/advisor to let them know why they are not attending class, practice, and/or appointments.



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### Visitors

LCC employees expecting visitors should direct them to do the *#CampusClear* screening before coming to campus. If visitors arrive without doing so, LCC employee should direct the visitor to step outside and complete the screening. If they log symptoms they should:

- 1) Plan to stay or go home and reschedule their visit.
- 2) If the report is for symptoms, the visitor should be advised to stay home (or go home) and reschedule the visit.



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## Appendix B– Mandatory Testing Prior to Return for Students

### COVID-19 Mandatory Student Testing Process – Spring 2021

To facilitate a safe fall 2021 return to campus at Lamar Community College, all new and returning Residence Hall students and student-athletes will be required to provide evidence of a negative PCR or molecular COVID-19 test within five days before first return to campus. Rapid antigen tests are not reliable for this purpose.

Contact your healthcare provider or your local public health department to arrange for testing within the appropriate time window so you'll have your results for your return.

Please do not come to campus unless you have documented evidence you tested negative. Students who test positive will need to coordinate a later return date (based on their individual health circumstances and CDPHE guidance in place at the time) with the LCC COVID-19 Coordinator, Chad DeBono, and their coach/instructor.

If you were unable to test prior to return, you may test at High Plains Community Health Center (HPCH) in the Wellness Center.

#### Check One:

\_\_\_\_\_ My PCR/molecular COVID-19 test results are attached and I tested negative on \_\_\_\_\_ (please list date).

\_\_\_\_\_ My PCR/molecular COVID-19 test results are attached and I tested positive on \_\_\_\_\_ (please list date) and I am cleared from isolation.

\_\_\_\_\_ My PCR/molecular COVID-19 test results are attached and I tested positive on \_\_\_\_\_ (please list date) and I am not cleared from isolation and will need to coordinate a later return.

\_\_\_\_\_ I have not yet gotten a PCR/molecular COVID-19 test and will get one at High Plains Community Health Center the week I check in.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

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