



The Pronghorn Pronk

LAMAR
COMMUNITY COLLEGE



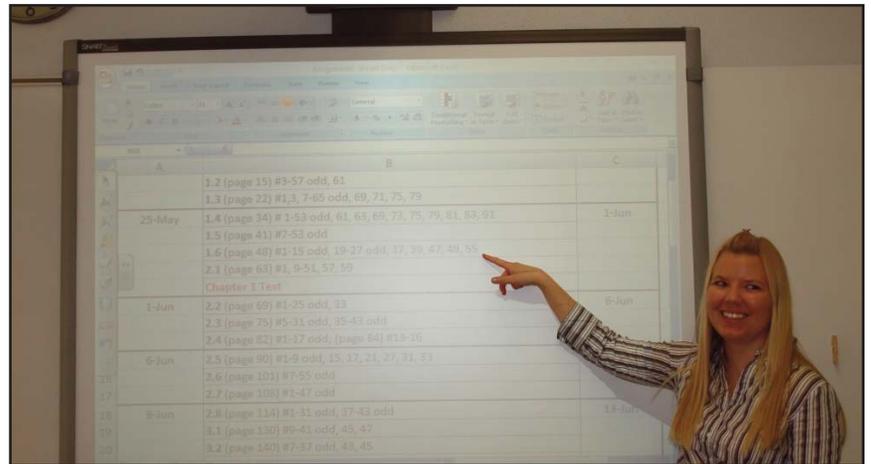
June 1, 2011
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*...Moving forward by
leaps and bounds*

Title III Enriches Campus Offerings

LCC Math instructor and tutor Linda Freiberger is shown using a Smart Board to augment instruction in a summer math class. The Smart Board was purchased with Title III funds.

LCC encourages students to explore rewarding careers in Science, Technology, Engineering, and Mathematics (STEM). LCC's Title III Grant has strengthened and expanded the college's STEM offerings. For more information or advising, contact Curtis Turner at curtis.turner@lamarcc.edu or 719.336.1519.



What's Inside

- 600 Word Limit..... Page 2
- OH! The Places..... Page 2
- Nurse Pinning Photos...Page 4
- Couch Potato.....Page 4
- Graduation Photos.....Page 5
- Sports.....Page 6

Summer Hours

LCC is observing expanded summer hours. Most offices are open Monday - Thursday from 7:00 a.m. - 5:30 p.m. Departmental hours may vary. Limited services are available at the Student Service Center on Fridays.

The Pronghorn Pronk is edited by Mike Bowen, Title III Grant Admin Assistant.

Please contact Mike with any feedback, questions or ideas at pronk@lamarcc.edu

LCC Alumna of the Year

Prior to the Lamar Community College Antelope Night LCC hosted a meet and greet for the Alumna of the Year Marlene McRae. Lamar Community College selected Marlene Schiffer McRae ('76) as its Alumna of the Year and honored her at the college's annual Antelope Night on Thursday, May 6. A world champion and Olympic gold medalist in Barrel Racing, she has distinguished herself as talented rodeo athlete and business person. She learned to set goals early in her life and set out to accomplish each with a vengeance. In 1988, Calgary, Canada hosted the Olympic Games in which rodeo was included. Marlene won barrel racing and a gold medal. She received an additional gold medal when the U.S. team won gold. McRae is a ten-time qualifier for the National Finals Rodeo and a five-time champion of the Calgary Stampede Rodeo. Marlene has modeled in print ads and posters for Wrangler Jeans, Frontier Airlines, Dodge Trucks and numerous other sponsors. She has also made personal appearances on television and radio talk shows, including Good Morning America, and has made numerous television commercials for western clothing and ski wear stores. In 1995 she was inducted into the Cowgirl Hall of Fame.



Lamar Community College Alumna of the Year, Marlene McRae pictured (middle) with LCC President John Marin (left) and LCC Rodeo Coach Fred Sherwood (right).

600 Word Limit

LCC President John Marrin

We had our Lamar Community College Advisory Council meeting last week and had a lot to talk about. Before I get to that let me tell you about our current council members. Jay Brook, our chair (✓), is the Executive Director of High Plains Community Health Center. Jay has given us a great perspective of the health industry as well as bringing helpful skills in the research and writing of grants. Jo Dorenkamp is the County Administrator for Prowers County. Jo always has great input for our projects and is serving on our Strategic Oversight Committee. As well when I meet with the Commissioners in Prowers County she sets the agenda and provides relevant information to them. Linda Fairbairn is the Executive Director of the Prowers County Department of Social Services. Linda has found many ways for us to partner with her, and in every case it has been of great benefit to our students. She also spent literally days with us

working on our accreditation program. Nikki Johnson is the Superintendent of the Campo School District. She has provided valuable information about our local school districts needs, and how we might serve them better. Gib Sprout is a local dentist who retired a few short years ago. Gib has a true interest in the College's success and in doing so always asks the best questions and leads us in the right direction. Marsha Willhite is the CEO and Town Administrator for Holly. Marsha always looks at our proposals and actions and gives sound advice based on her great amount of knowledge and experience.

This Advisory Council has been instrumental in helping me assimilate, and has given me good insight as to the educational needs of the area. I have always appreciated their candor and willingness to help. The stated purposes of our college advisory council are: 1. to advise the college president and the State Board



on the long-term educational needs of the area served by the college, 2. to serve as liaison between the college and local school boards, county commissioners, city councils, other local elected officials and other relevant groups or personal, 3. to serve as liaison between the college and area employers in order to facilitate assessment of employment, training and educational needs of the service area, and 4. to promote the college's programs and services among the communities and constituencies in the college's service area. Our Council has provided me with information and potential resources that far exceed the stated purposes, and have done so with patience and understanding.

In community colleges one of our biggest changes has been reporting for compliance, whether it is financial aid, funding reimbursement, gainful employment or something else a stakeholder needs or wants to know. These reporting require-

ments for compliance will even increase over the next few years as our society demands efficiency and deliverables. I see the purposes of advisory boards becoming even more important with this change, helping us move in a direction that produces the greatest outcomes with a minimum resource allocation.

There will always be a tension between providing the highest quality education and cost. Our Advisory Council will be instrumental in helping us sort it out.

Anyway, back to last week's meeting. We discussed our marketing plan and our strategy to increase enrollment, our new HVAC systems from our energy audit and our new apartment style housing. My point is these are concrete projects that our Advisory Council provided insight to oversight for. We owe them a lot for their volunteer work. Thanks to our Council for keeping Lamar Community College strong.

OH! The places we will explore... in sunny Southeast Colorado

By Cheryl Sanchez

What adventures are you planning for summer 2011? Memorial Day weekend marked the beginning of the summer vacation season and anticipation of fun and exciting adventures ahead. As you plan your family gatherings, trips, and or vacation, why not stay close to home? A tour of Boggsville located south of Las Animas will provide you a wonderful exploration and the opportunity to view the oldest territorial architectural site in the state.

Beginning Memorial Day weekend Boggsville opens full time seven days a week through October. The site is located 36 miles west of Lamar on Highway 50. At Las Animas turn south on Highway 101 traveling 2.5 miles following posted road signs to Boggsville. If you plan to make this adventure more than a one day visit, camping sites with a restroom facility are available.

You ask, what is Boggsville? Boggsville is the location of a settlement in Southeast Colorado founded around 1862 by Thomas O. Boggs on the Mountain branch of the Santa Fe Trail. The Boggs home in the settlement was a nine-room adobe structure built in 1866. Boggs was son of then Missouri Governor Lilburn Boggs and great-grandson of Daniel Boone. Boggs's wife Rumalda

Luna Bent was stepdaughter of Charles Bent. The Bent brothers Charles and William owned and managed Bent's Fort. William Bent had settled just north of Boggsville in 1858. Boggs worked for the Bent brothers in the Bent's Fort trading business. Bent's Fort was located 15 miles west of Boggsville along the north bank of the Arkansas River. It was a fur trading post on the Santa Fe Trail.

In 1867 Boggs was joined by John Wesley Prowers and Kit Carson. Prowers moved to Boggsville and became one of Southeast Colorado's first businessmen. He was one of the state's richest and largest landholders of the time. Prowers County is named for John Wesley Prowers. The famous trapper and scout, Kit Carson, moved his family to Boggsville in 1867. Kit Carson's wife soon died due to childbirth complications. Kit Carson's health was failing at the time and he died at Fort Lyon in 1868. Legend has it that Carson asked the Fort Lyon staff for a buffalo steak, ate it and the rest is history. After Carson's death the Boggs family raised six Carson children including a newborn.

Boggsville, the first non-military outpost in the region, is located on the Purgatoire River. The area has a history of refuge to native Indians to Spanish and Mexican ownership to the American pio-

neer during the Westward movement. Boggsville served as a regional settlement providing a center of commerce with a trading house, stage stop, county seat, and school for the agriculture and government communities. At Boggsville's peak of commerce more than 20 structures were located at the site.

As with many settlements in Southeast Colorado, the coming of the railroad put Boggsville at a disadvantage. The railroad was built just north of the site positioning the town of Las Animas on the railroad line and making Las Animas the prime commerce location. Thomas Boggs moved from the area in 1877.

I hope this brief article on Boggsville will pique your interest and prompt you to explore the history attached to the people and places of that era. As you enjoy the trip to Boggsville, imagine what life was like during the mid to late 1800's along the Santa Fe Trail. This adventure will provide you a wonderful place to explore close to home. Don't forget your hiking shoes, camera, snacks and most importantly drinking water!

Resources: Brochure "Boggsville, Path to Permanent Settlement, SECORHT; Website: <http://www.phsbc.info/boggs.htm>

Mmmm, Pancakes!



Lamar Community College sophomore Tim Zufall grabs one of 200 sausage links served to students at a 'pancake breakfast' during a finals study break as Jay Gaines prepares pancakes. The breakfast was sponsored by the Lamar United Methodist Church.

Welcome to LCC



Pictured is Lamar Community College President John Marrin with recent addition Deanna Siemsen. Deanna is the Adult Transition Services Assistant & Examiner at LCC.

iPad 2 Winners



Pictured is iPad 2 winner Devin Smith with Chad DeBono, LCC Vice President of Enrollment Services. Smith is one of the winners of an iPad 2 sponsored by Student Government for pre-registration.



Jacob Klauck is pictured with LCC Vice President of Enrollment Services, Chad DeBono. Klauck is one of the winners of an iPad 2 sponsored by Student Government for pre-registration.

Nurse Pinning Ceremony

Lamar Community College held its LPN/ADN Pinning Ceremony for over 30 nursing students following Commencement on Saturday, May 7 in the Wellness Center.



Pictured are nursing students who received their Practical Nurse certificates. Front row (left to right): Haley Choat, Riki Cordova, Abbey Cox, Karleen Day; 2nd row: Duane Leroux, Margaret (Peg) McDougal



Pictured are nursing students who received an Associate of Science Degree in Nursing – allowing them to take RN NCLEX Board exam. Front row (left to right): Christy McEndree, Nikki Kelley, Breanna Hedstrom, Pauline Gregg, Rebecca Bullock and Kris Birchler. 2nd row: Saurabh Pawar (behind Christy McEndree), Katie Palmer, Shona Page, Daniel Osuch, Josh Niswonger, Kris Quigg. 3rd row: Gail Voris, Christy Trimble.



Pictured is guest speaker Karren Kowalski, PhD, RN, FAAN

How to Fry a Couch Potato

By Deborah Loper



• You simply feel better

The final ingredient. To finish our couch potato recipe, we need to add evaluation to our mixture. You have been exercising all year long, it's time to assess your progress. This evaluation process can be accomplished in several ways.

- If you are doing the same work as before and it's easier now
- If your clothes are fitting better
- If your resting heart rate is lower
- If you're not as winded as before
- If you are moving at a faster pace

All of these indicators point to the fact that your heart is stronger now, your muscles are doing the job they were intended to do and you've just reduced your risks for cardiovascular disease and all you did was MOVE!! Choose one of the following; add another ten minutes to your workout, add one more day per week or increase your pace slightly. Any one of these can make a 200-300 calorie difference!!

✓ For an opportunity to win a free lunch with LCC President John Marrin, who is the chair for the Lamar Community College Advisory Council? The first to respond correctly will win the lunch. Please submit your responses to pronk@lamarcc.edu

INVESTING IN PROGRESS

Investments fuel our economy, and the same can be said for our college and community. When you invest in a college, its students and programs, you invest in progress at a higher level. Your well-timed investment can help secure a new future for students. Or perhaps you could assist the college to bring additional programs - and in turn students - to LCC. Contact the LCC Foundation Office at 719.336.1511 or foundation@lamarcc.edu to bring progress to Southeast Colorado through an investment in our future.

Alumni - keep informed by registering at lamarcc.edu/alumni.

LCC Commencement Ceremony

Lamar Community College held its 72nd annual commencement on May 7, 2011. US Congressman Cory Gardner was the keynote speaker for a packed Wellness Center. Vice Chair Maury Dobbie represented the State Board for Community Colleges and Occupational Education and addressed graduating students. Over 250 students graduated with degrees and certificates. Lamar Community College was also hosting the Regional IX Softball Tournament and the NJCAA Region IX Baseball Playoffs on Saturday, May 7, so both LCC baseball and softball players were unable to attend the graduation ceremony.



C.C. Winsor, Joe Villasenor, Janae De La Virgen and Forrest Klausmeier



Kyle Dodge - Student Speaker



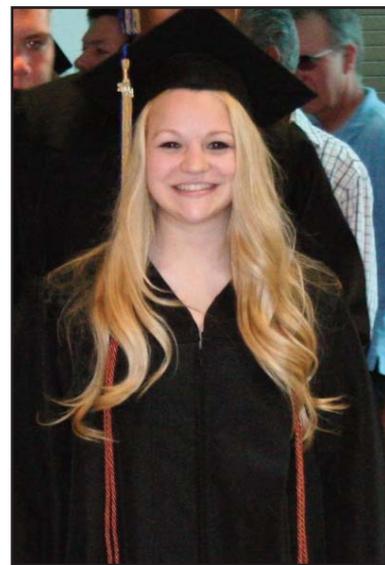
U.S. Congressman
Cory Gardner - Guest Speaker



Ashley Gutierrez - Benediction



Andrew Westhoff - Invocation



Brittni Eastin



Lamar CC Sports

Runnin' Lopes Baseball

Back-to-Back Empire Champions Back-to-Back Region IX Champions



The Runnin' Lopes Baseball Team finished first in the NJCAA Empire Conference with a 25-4 record. LCC completed the regular season with a 42-14 record and were back-to-back Empire Conference Champions. The Lamar Community College baseball team ended the season as the 18th ranked NJCAA program in the country. LCC also ranked in the top 25 in six individual and team categories. The highest ranking Runnin' Lope was Brandon Ward-Hersee, #2 in the country in strikeouts per inning with 1.70. Fellow sophomore Arturo Maltos-Garcia was #8 at 1.50. Ben Lahn was ranked #10 in individual home runs with 13. The Lopes finished the season as back-to-back Empire Conference and Region IX champions with a 47-17 record.