



The Pronghorn Pronk

LAMAR
COMMUNITY COLLEGE



November, 2011
Volume 2, Edition 2

*...Moving forward by
leaps & bounds*

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Campus calendar

Dec. 2 & 3 - Lamar Basketball Classic at Wellness Center (LCC plays at 5:30/7:30)
Dec. 9 - LCC Men's Basketball vs. Colby CC at Wellness Center
Dec. 7-9 - Final exams
Dec. 25 - Jan. 1 - LCC campus closed
January 14 - 2:00 - LCC Women's Basketball vs. Adams State JV at Wellness Center

The Pronghorn Pronk is edited by Mike Bowen, Title III Grant Administrative Assistant.

Please contact Mike with any feedback, questions or ideas at pronk@lamarcc.edu

Title III assists students with finding the right career

By Curtis Turner

Careers 101 – Part 3

Through some luck, and perhaps divine intervention, I was fortunate enough to choose a career that has worked out well for me. I now find myself in the position of parent with a 17 year old son getting ready to graduate from high school and head off to make his own mark in the world. I am wondering if I as his father have provided the guidance necessary for him to make a good choice. Last night I asked him again if he had made a decision regarding

his career path to which I received a long drawn out sigh and no real answer. My response to this was to let him know that he does not have to decide today, but I am going to keep encouraging him to explore the possibilities.

What I am trying to do with my own child is to guide him in what I personally believe to be one of the secrets to a successful career and life. I believe that choosing the right career involves the consideration of two things. First, it includes consideration of those things of which you are good, and second,

a consideration of those things that you are passionate. The “good” things seem to be easier to identify than the things a young person is passionate. They can easily be one in the same but often passion is misplaced in meaningless activities such as video games or hanging out with friends. Not that these activities shouldn't happen, but I am not so sure that people always have a conduit for exercising passion or the guidance necessary to find their passion.

(More on passion next month.)

Donations being sought for area food pantry

This year, LCC Nursing students are collecting food donations for Mary & Martha's food pantry. There are boxes located in the Betz Technology Center Atrium.

If you are not in the Betz Tech Center, please send an email to nursing@lamarcc.edu, and a student will pick up your donation. They will be collecting donations until December 6.

LCC Bookstore collecting donations for Toys for Tots

Lamar Area Toys for Tots Wish List:

- New or “like new” toys. Like new toys should be in good shape and clean.
- Winter hats, gloves or mittens.
- Small soaps & shampoos, such as hotel giveaways.
- Canned food or boxed food items.
- For monetary gifts, call Darlene Lopez@ 688.0167.

The deadline for donations for drop off at the LCC Campus Bookstore is December 15th before 4 pm. Please help if you can, so underprivileged families can have a good holiday season.

600 Word Limit

By John Marrin
LCC President

As promised in October, I want to share how we recruit for not only rodeo but for our other sports as well. In time we may actually have to change our recruitment methods to better reflect our society and the economy in which we live, which may have an impact on the number of student athletes we have on campus.

Before I tell you about recruiting let's talk about what the student athlete gains from their attendance at LCC. A quality education with great faculty accessibility, a substantial amount of playing time in the sport of their choice, a learning environment in the sport due to a professional coaching staff, a learning environment in our dorms due to size and care, the opportunity to transfer to a four year college or university and meeting friends that will be theirs for a lifetime.

I had a chance to talk to Craig Brooks, our Athletic Di-

rector, about recruiting efforts in each of our sports. Rodeo coaches usually attend the high school rodeo finals in area states for recruits. According to the 2012 schedule for Colorado state high school rodeo, there are rodeos scheduled in Cortez, Golden, Greeley, Pueblo, Henderson, Eagle, Pagosa Springs, Lamar and Monte Vista culminating with the finals June 6-10, 2012 in Lamar. A big help to the recruiting efforts is the type of programs offered potential students. Our Horse Training & Management program is a good example of an educational program helping promote participation in the rodeo team.

Softball coaches go to high school state tournaments which showcase available players. One of the tournaments has players on 12 separate fields, so 3 coaches are spread out trying to cover all the talent. Coach Brooks is not only looking for athletic skill



but wants a good high school GPA as well. He has also started working toward faster commitments from students

Baseball spends more time going to high school exposure tournaments. In the fall, they play high school club teams for practice as well as a chance for our coaches to see the talent. This year they are having an invite bringing in about 30 potential players.

Men's basketball is a bit different in that there is a definite network of coaches that interact and share information about players. This not only happens from high schools to college coaches, but between colleges as well. I think the talent is better known and a bit more spread out because of the network. In addition, the coaches go to high school tournaments with the expressed purpose of recruiting students.

Women's basketball has the same network of coaches as the men's. They also attend

high school showcase tournaments that usually have the participant's information available in a somewhat pricey notebook.

Volleyball is using a new approach to recruiting, the Internet. What a change in philosophy this is, especially when coaches have an expanded world from which to recruit. I think the jury is still out as to whether this is our new approach to marketing. Personally I like the concept in that it may allow for more efficient use of time. This method has already put 100 prospects in touch with our coach. In addition they do go to high school tournaments including the state tournament.

Golf (✓) also uses the Internet as well as local and statewide high school coach information. There are recruiting organizations designed specifically for college recruits.

No matter how we recruit a student, when they are here they should expect, and will receive, a high quality education.

EMT-Basic course fills area need

Lamar CO, - Southeast Colorado ambulance services are in need of assistance. Over the past decade, area agencies have seen a significant increase in the number of emergency calls. Unfortunately, they have also seen a substantial decrease in the number of qualified area Emergency Medical Technicians (EMT's). To assist in narrowing this gap, LCC will be offering an EMT-Basic course beginning January 9th.

Classes will be held in the Betz Technology Center Nursing Classroom on Monday and Thursday evenings from 6-10:00 p.m. and three Saturdays through late April 2012.

With generous assistance from the Daniels Fund and the Colorado Department of Public Health & Environment CREATE Program, individuals may complete an EMT-Basic certificate at low or no cost to the participant. A student may also qualify for scholarships based on current or forthcoming affiliation with area ambulance agencies.

Registrants may use four easy steps to enroll in the course: apply for admission to LCC; complete the Free Application for Federal Student Aid (FAFSA) application at www.fafsa.gov; request a Daniels Fund EMS scholarship, and enroll in the class. An entering student may apply for admission and scholarships, and register for courses at www.lamarcc.edu.

EMS students must have a high school diploma or GED. High school seniors are eligible to enroll in the course but must graduate and turn 18 years of age before they are eligible to sit for the National Registry of Emergency Medical Technicians Basic exam.

For more information, contact Brandon Sherwood at 719.336.1629 or ems@lamarcc.edu or Mary Lou Myers at 719.336.1594 or nursing@lamarcc.edu.

*Always a Part
of Us...*

Reconnect with LCC as we prepare to celebrate our 75th year of being a part of our students' and communities' lives.

*Life
Changing
College*

If you are a former student or staff member, please register at www.lamarcc.edu/alumni or call 719.336.1511 to be a part of upcoming activities.

Cosmo Cuts Love

The Cosmetology department held the "Cosmo Cuts Love" event at the end of October with proceeds going to the Mitchell family of Kit Carson.

The group raised over \$800 cutting hair as they were dressed up for their theme of the 60's and 70's.



✓ For an opportunity to win a free lunch with LCC President John Marrin, what is a new technique being used to recruit athletes and which athletic programs use it? Please submit your response to pronk@lamarcc.edu



Lamar CC Sports

Runnin' Lopes Rodeo

new seven-stall horse shelter



The Lamar Community College Rodeo team now has a new seven-stall horse shelter built with a contribution from an anonymous donor. The structure is located near the rodeo practice arena and north of the Equine Complex. While just recently completed, the shelter will include runs as well. "We are grateful for this contribution towards a meaningful improvement on our campus and the Rodeo program," commented LCC Rodeo Coach Fred Sherwood, "the additional stalls will give us capacity for growth and the ability to protect our members' horses."

Sports Update

**LCC Athletic Director
Craig Brooks**

Athletics is moving at a hectic pace, with softball and baseball winding down their fall exhibition seasons. Both are now just working on player development and fundamentals. Volleyball is in the last three weeks of its regular season and will travel to Scottsbluff, Neb. the first part of Nov. to compete in the region tournament. Golf has completed its fall season, and golfers are busy in the classroom. Men's and women's basketball both are gearing up for their regular seasons and have already played in a few scrimmages on the road. Our new JV men's basketball will be kicking off soon, and the men have been hard at it with practice. The new club soccer team completed its first season on Nov. 5th at home against UCCS at the field behind the high school. Rodeo has finished up its travels as well and will be gearing down for the break in late Nov and then Christmas.

Please take time to check the schedules of all our athletic teams and find time to drop by. All the LCC athletes would enjoy seeing you at their games.